

# THE CARHARRACK NEWS

With the compliments of Carharrack Parish Council

ISSUE 87 WINTER 2025

[www.carharrackparishcouncil.co.uk](http://www.carharrackparishcouncil.co.uk)

FREE PUBLICATION



# SCARE CROWS 2025

CARHARRACK SCARECROWS 2025

JULIE PEARSON

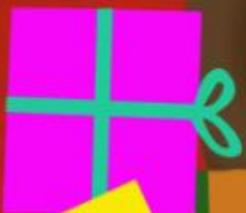
ST DAY AND CARRHARRACK

PRIMARY SCHOOL

# PRELOVED CHRISTMAS GIFT SALE

WANTED  
GOOD CONDITION

- toys
- books
- games
- puzzles



Please drop off at the school from  
24th November.

FRIDAY 5TH DECEMBER

1:30PM - 2:30PM



### **IMPORTANT NEWS FROM ICE!**

Following the ICE AGM on Wednesday 10<sup>th</sup> September 2025, and with no nominations for new committee members, it has been decided that ICE cannot continue to run effectively and efficiently with its current small committee.

This was an extremely hard decision to make as we have worked so hard over the last 4 years to keep the Christmas light tradition going in the village, as well as running a very successful free children's Christmas party. Preparing the Grotto, wrapping the presents and seeing so many smiling faces was a real pleasure. Baking scones and cakes for jubilees, coronations and summer events were added extras that we loved too.

My heartfelt thanks goes out to the team that came together post covid and delivered some great events, always with a smile on their faces and a determination to create something memorable for a village.

The ICE Treasurer will be custodian of the funds for a period of 6 months from September 10<sup>th</sup> 2025. If anyone wishes to continue the work of ICE, please get in touch during this period.

Thank you for your support.  
Ginney Nixon  
Resigning Chair of ICE

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**encouraging and building a clean, safe and friendly community. respecting history and supporting future generations.**

As the year begins to draw to a close it seems like only a short time ago that we welcomed in 2025! Where has the time gone?

Following the elections in May we did wonder if we would still have a parish council by the end of the year due to the distinct lack of interest from within the community. However we have held fast and we are delighted to say that we have had two expressions of interest from local residents to join the parish council. We will provide you with more information once all the paperwork has been completed.

If you are still thinking about representing your community and getting involved we still have two co-opted seats available. Please contact the parish clerk for more information. [clerk@carharrackparishcouncil.co.uk](mailto:clerk@carharrackparishcouncil.co.uk)

With limited people and so much to do we have had to be mindful of our own individual limitations and have prioritised where we put our time and energy.

The parish magazine we feel is essential for our community as it enables us to provide each and every household with a positive view on the various aspects of our lovely village and community.

We have been disappointed with the lack of support for some of the events we organised during the summer months but acknowledge that times have changed and many of you live busy lives with your own interests and commitments.

To help tackle areas where dog fouling continues to be an issue we have put out posters and provided free bags. As time allows we do check these and keep them supplied. If you notice an area that is of concern please let us know.

We also know full well that we have lots of wonderful dog owners in our community who enjoy their daily walkies around our footpaths, tracks and trails. As well as the value of having a canine companion. And its a great way to meet people and stop for a chat.

As the winter approaches please keep in contact with your neighbours wherever possible. The winter can be a challenging time for us all. And remember to support any events that are taking place in the village. Coffee mornings organised by both of our church communities are friendly and welcoming, as is the monthly community market. And you can get involved in other ways too - the pantomime, social club, parish council, United Downs Climate Action Group and football club to name a few.

Our thanks goes to everyone who has in some way, however small, made a contribution to this village in 2025.

In an uncertain world where so much seems to have been so unstable we must give thanks for the good things in our lives and the peace we are fortunate to have around us.

Carharrack Parish Council wishes you all a Peaceful Christmas and New Year.



# Perran Moon MP



## Contact your MP

📞 01209 206046

✉️ [perran.moon.mp@parliament.uk](mailto:perran.moon.mp@parliament.uk)

👤 [@perran4CRH](https://twitter.com/perran4CRH)

👤 [@perranmoonmp](https://www.instagram.com/@perranmoonmp)

👤 [@perranmoonmp.bsky.social](https://www.nextDoor.com/@perranmoonmp.bsky.social)

*Office 12, Chi Tevyans*

*Trevenson Park*

*Pool*

*Cornwall*

*TR15 3FY*

## **Autumn Tidy Up**

In recent weeks you may have seen a small group of willing volunteers wielding hoes, spades, brooms and trowels.

In response to comments regarding the “weedy” nature of some of our kerbs we set out to clear some of these areas. Sparry Lane/Tresithney Road, Trevine Parc/United Road and Church Row/St Pirans Church have been the three targetted areas, so far.

We have had some great feedback from residents out walking, passing drivers and cyclists. Sometimes the weather is against us!

Any help is much appreciated and we know that many of you already clear the kerbs outside your property which is wonderful and others have been out to buy tools so that they can join in with our efforts. Thank you so much.

Special thanks goes to Jules, Alan, Julie, Michelle, Sue, Nigel and Ian. And the nice man from the council who collects the filled black sacks for us.



# Councillor Val's Birthday Bash

In September our hard-working parish councillor Val Aldridge celebrated a significant birthday. Friends gathered at the Social Club to enjoy a lovely evening of friendship, music, dancing, laughter and an amazing birthday cake.

Val is not only a parish councillor, she is also a Mills Hall Trustee and gives so much of her time to all that she is involved with - especially our wonderful allotment site.

Thank you Val for everything you do, and have done, for this village and community.



## Crafty Knits and Tall Yarns

The monthly group continues to meet on the first Monday of each month, from 6.30pm to 9pm (or anytime in-between). No membership necessary, and a warm welcome guaranteed! £3 entry which includes refreshments and optional tutorial sessions.

During the summer, our group took responsibility for running one of the Parish Council family activities - the treasure hunt; we very much enjoyed everyone's enthusiasm for this.

By the time this edition goes to print, we will held our annual fundraiser fair for Dementia UK - a charity very close to our hearts.

Our October craft group will be dedicated to tidying up our poppy display that we erected last year at the church and which everyone was so positive about. We will be putting the display up again towards the end of October.

Dates for your diary:

Monday 2nd November - regular craft group, with optional crochet Christmas decoration making

Monday 7th December - the festive one! Join us for mince pies and mulled wine.

Monday 4th January - tutorial to be confirmed.

Please join the Crafty Knits and Tall Yarns Facebook page for more regular updates. Call Sarah on 07813637334 if you have any questions.



## **Giving Nature a Helping Hand on our Mine Sites**

As the nights have been drawing in, we, at Cornwall Branch of Butterfly Conservation, have been planning our autumn/winter programme of habitat management, aimed at improving and connecting habitats to benefit biodiversity. This year we are visiting a variety of sites in the mining districts and on Bodmin Moor.

People often ask me "Why are you cutting down Buddleia? Butterflies love it." Yes, they do, but caterpillars don't! It is a non-native invasive species that shades out our locally adapted wild flowers, which provide nectar for the butterflies and food for their caterpillars. One of the "special" butterflies on our mine sites is the Silver-studded Blue. They need a plant to lay eggs on near some "friendly" ants who live in symbiosis with them. Here they choose heather (mostly Ling, which is tolerant of the toxic minerals in the soils). They also need bare ground, which heats up when the sun shines, and something to nectar on which other wild flowers provide. The caterpillars are the eating machines and they can be very fussy!

So...Buddleia is fine in parks and gardens but not welcome on our mine sites. We will never be able to get rid of it all, but take out some, every year! Your garden will benefit by having single bloom flowers which bees and butterflies can nectar from, plants that fruit and flower all through the year and a few of our native wild flowers. Even a patch of nettles will be useful, a variety of colourful butterflies, including Peacocks, lay their eggs on them, and don't forget No Mow May next year! For more information, look for Wild Spaces online.

To join us on our conservation days please register on Assemble, our volunteer portal and look under Event Invitations. <https://volunteer.butterfly-conservation.org/opportunities/77707-practical-conservation-group-volunteer-cornwall-2024-12-07>

Dates for your diary: 2nd November West Basset Stamps: 11<sup>th</sup> Carnon Valley: 23<sup>rd</sup> Poldice: 4<sup>th</sup> December Poldice: 14<sup>th</sup> Details to follow. More dates next year.



Photo Credit: Steve Batt

Picture of a common wild flower that sustains early bees and butterflies and continues to throughout the year!

# Are you or someone you love in need of a helping hand?

Pendeen Community Care Ltd provides bespoke care services to the people of Camborne, Redruth and surrounding villages.

We provide personal care, domestic services and social visits including specialist care.

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Call us on **01209 313032** for further information or to discuss your requirements.  
*Office hours 9-4 Monday - Friday*

Pendeen Community Care Ltd

[pendeencare@btconnect.com](mailto:pendeencare@btconnect.com)

[www.pendeencare.co.uk](http://www.pendeencare.co.uk)

Directors; Jane Field RGN, & Victoria Anthony MA



## **ST DAY POST OFFICE**

### **Opening Hours:**

Mon, Tues, Thurs, Fri: 9am - 12.45pm & 1.45pm - 5.30pm  
Wed & Sat: 9am - 12.30pm

### **Banking Services**

Barclays, Cahoot, HSBC, Lloyds, Natwest, Santander and Smile

•  
Car Tax, Commission Free Foreign Currencies, E Top-Ups for  
Mobile Phones, Amazon Vouchers, Pay Your Bills, Flowers by  
Post, Stationery and Greeting Cards.

Pick Up/Drop Off Point for Amazon & DPD

•  
*A Warm and Friendly Welcome Awaits You*

## **The Welcome Club**

Held at St.Day Community Centre on the 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays in the month at 2pm-4pm.

*Activities include – Entertainment – Musical. Local films/  
photos. Comedy. Various craft. Talks/info on different  
subjects. Line dancing. Quizzes. Bingo etc.*

With tea, coffee & biscuits and a chat.

Everyone welcome.

October 9<sup>th</sup> & 23<sup>rd</sup>, November 13<sup>th</sup> & 27<sup>th</sup> and December 11<sup>th</sup>  
2025. We will resume in the New Year on 22<sup>nd</sup> January 2026

Thank you for your support and to all who give their time and  
talents to the Club.

Contacts: Marilyn Richards 01209820651  
Graham Homer 01209820881



## Want to know more details? Go to...

 United Downs Environment Group email: [uniteddeg@gmail.com](mailto:uniteddeg@gmail.com) or chat @community market

### 2026 Events, dates for your diary:

#### Blossail: May 9<sup>th</sup>, Saturday, 2026

We have been told... Apparently this is an annual St Day event. We were delighted by the numbers that came to enjoy and celebrate the wonderful green space of 'St Day Community Orchard'. May 2026: Tim & Athene's St Day Blossail anthem will once again be heard in the streets of St Day. Join us with Tim, Athene in the orchard, guided by Rosi as you dance with the colourful maypole ribbons symbolising unity, and harmony. Choirs, musicians, The WAD and so much more will be there for you all to enjoy.

#### Natures Rare Treasures found at United Downs Racetrack

**Overview:** May 2025, a BioBlitz was undertaken to find and identify as many species as possible, with the intention to create a detailed snapshot of the areas biodiversity. Flowers; ferns; invertebrates; mosses; liverworts; and birds were found. A remarkable number of the spiders proved to be new sightings for this part of Cornwall and two insects, *Cacophylla affinis* and *Micromus angulatus* were both new to Cornwall. In total, 285 different plants and animals were recorded during the BioBlitz. Of those, 25 carry a Schedule 8 of the Wildlife and Countryside Act, Red Data Book, Nationally Scarce or Cornish Red Data Book designation.

#### Intrigued! Wish to know more...June 28<sup>th</sup>, Sunday – All Day Event

**Morning:** Crothandy Hall with Eminent Speakers

**Afternoon:** Visit United Downs Racetrack peering through a looking glass, spying rare endangered species, guided by experts in their field.

Come along, find out more about the rare treasures held at United Downs Racetrack

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**RIG** – In partnership with UDEG and St Day Parish Council...Pink Moors to Treskerby Footpath!! At Last!! Access All Year Round! A huge thank you to 'Recycle it Global' Scorrer. Many of you will know, for the last 3 to 4 yrs this footpath has been an impasse for several months over the winter period.

Thank you so much for your patience, no more muddy footwear; enjoy this beautiful countryside walk.

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#### Cornwall Wildlife Trust – UDEG now working in association with Cornwall Wildlife Trust



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CWT supporting UDEG to take action for nature. CWT supporting groups by building a network that will create more opportunities to connect, share learning and collaborate. CWT bring groups together through face-to-face workshops and conferences, offer training to help build skills and knowledge and they'll help UDEG find information, advice and guidance in all aspects of running UDEG.

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Yes, it's back...

**'Made in St Day Christmas Fayre', Sunday, 30<sup>th</sup> November, 12pm-4pm School Choir Performing 12.15pm see poster for more details.**

**Friday 5<sup>th</sup> Dec, 2-3pm @St Day & Carharrack Community School. Children's Preloved Christmas Presents**  
Dare we say it...Here comes Christmas! From an environmental and financial point of view Christmas can be a disaster. New "stuff" e.g. toys, books and presents 'costing the earth' irrespective of what they are. St Day & Carharrack Community School are once again joining with UDEG to offer an alternative. At the pre-loved sale you can donate good quality books, toys, children's gifts. Come and have a browse on 5<sup>th</sup> Dec and find gifts for your child or grandchildren. Bargain prices and all the proceeds go to school. It is a fun, lively and an exciting event with the children helping to run the sale. Hot drinks and cakes available. Raffle Prizes too! Everyone is Welcome.

**Sort out your donations of books, toys, puzzles, gifts for Children.**

**Drop off to St Day & Carharrack school from 24<sup>th</sup> November. Thank you**

 United Downs Environment Group email: [uniteddeg@gmail.com](mailto:uniteddeg@gmail.com) or chat @community market



## United Downs Environment Group Meetings and events Calendar May - Dec 2025

### Events

#### **Wednesday Sept 3rd**

7pm UDEG Meeting: Star Inn, St Day

#### **Sat September 13th**

**Community Market and Compost Refill**  
1-3pm Mills Hall, Carharrack

#### **Sat Oct 11th**

**Community Market and Compost Refill**  
1-3pm Mills Hall, Carharrack

#### **Wednesday Nov 5th**

7pm UDEG Meeting: Mills Hall, Carharrack

#### **Sun Nov 30th Made in St Day Xmas Fayre**

12-4pm Marquee, Star Inn, Vogue, St Day  
TR16 5NP

#### **Fri Dec 5th Children's Preloved Xmas present Sale**

St Day & Carharrack School, time tba

#### **Wednesday January 7th**

7pm UDEG Meeting: Gwennap Parish Rooms

#### **Sat January 10th**

#### **Community Market**

1-3pm Mills Hall, Carharrack

#### **Sat February 14th**

#### **Community Market**

1-3pm Mills Hall, Carharrack

Everyone welcome to all  
meetings and events.

### **Want to know more details?**

**email:** uniteddeg@gmail.com

**Facebook:** United Downs  
Environment Group

or have a chat with us at any of the  
events

### **Community Market**

Mills Hall, Fore Street Carharrack.  
2nd Saturday of the month 1-3pm

### **Full Addresses**

#### **Mills Hall**

Fore Street Carharrack TR16 5QW

#### **Star Inn**

Vogue, St Day TR16 5NP

#### **Gwennap Parish Rooms**

Richard Jory Playing Field  
Pulla Cross TR4 8SA

Want to help, or have any ideas  
how to make these events better  
please do contact us.

## **Falmouth Gwennap Methodist Circuit**

We said goodbye to our interim minister Mo and her family in July, and at the end of August welcomed our new minister the Rev'd Paul Harold to the Falmouth Gwennap Circuit.

Paul has moved into the Manse at Tremayne Road, Carharrack and can be contacted on 01209 820077. He is actively getting out and about to the events and services at the Chapels within the circuit and getting to know each congregation.

A Methodist presence is still active within Carharrack with services held at the Mill's Hall on the fourth Sunday of each month starting at 10:45am.

We had a wonderful Harvest service at the hall, which was led by Pastor Jenny Lockwood. Over sixty people attended, with members from Frogpool, Carnkie and Lanner assisting Jenny with readings and prayers, while Michelle and Linda Trelease, formerly of Carharrack Chapel and now part of the Methodist presence in the village and Frogpool, acted out the story of Zaccaeus.

Three tables laden with goods for the local food bank were received from generous donations given by those who attended. We then enjoyed a bring and share lunch.

We also have coffee mornings at the Mill's Hall on the second Thursday of the month beginning at 10:30am. On the last Sunday in October which is the 26th, the annual Community Service will be held at the Hall with a parade of banners from the organisations within the village. Rev'd Paul will be leading worship that morning and it will present a good opportunity to meet him. All those with banners who would like to be a part of this service are most welcome to join us and we would be delighted to see you all there.

Plans for the lead up to Christmas are still being discussed at present but will be advertised on social media as well as on posters.

We are planning a coffee morning with auction for the end of November. Any donations are always gratefully accepted.

*Linda Trelease*





Supporting local  
makers and artists

School Choir performing at 12.15

Love Where You Live

**MADE IN ST DAY**  
**Christmas Fayre**  
Star Inn @ Vogue  
Marquee  
TR16 5NP

Christmas all  
wrapped up & on  
your doorstep!

Gift wrap  
ideas that  
won't cost  
the earth!

Mulled  
Wine

**Sunday 30th  
November  
12pm-4pm**

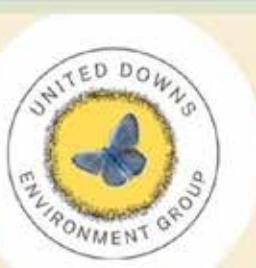
Shop  
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Plastic free &  
planet friendly gifts

All proceeds to St  
Day & Carharrack  
Community School

Follow us on facebook  
United Downs Environment Group

For more info email: [unitdddeg@gmail.com](mailto:unitdddeg@gmail.com)



# COMMUNITY MARKET

MILLS HALL, CARHARRACK  
TR16 5QW  
1-3PM

SEPT 13<sup>TH</sup>, OCT 11<sup>TH</sup>, NOV 8<sup>TH</sup>, DEC 13<sup>TH</sup>, JAN 10<sup>TH</sup>, FEB 14<sup>TH</sup>

Bettina's  
Textile  
repairs &  
Renewals

Local plants,  
jams and  
chutneys

Peat-Free  
compost  
September 13th  
October 11th

Carley's  
seed & nut  
butters



Incredible  
Bulk  
zero waste  
refill

Naked  
Sprout  
toilet rolls

Locally  
grown fruit  
and veg  
produce

Peber's  
Artisan  
Sourdough  
bread



Homemade  
cakes  
including  
vegan cakes



Cusgarne  
Organic  
Farm  
Produce



Contact email [uniteddeg@gmail.com](mailto:uniteddeg@gmail.com)  
Facebook United Downs Environment Group

# Carharrack Football Club

## Carharrack AFC - Division 3 St Pirans West

Chair: Richard Chown  
Vice-Chair: Jamie Chown  
Manager: Steven Pilkington  
Assistant Manager: Dylan Angove



We are pleased to report that Carharrack AFC has had a strong start to the season. The team comprises of an amazing bunch of lads from the age of 16 upwards. Some of our players have rejoined the club from last season and we are also delighted to have signed up some new players along the way. They all contribute to a combined and diverse team of talent, age and experience.



As mentioned we have had a positive start to the season but still have many games, both home and away to play, so still a long way to go. However we are still looking to bolster the team and always welcome new players.

Carharrack AFC is a friendly and welcoming club and team. We share a passion for our football and this creates a great atmosphere for everyone involved. A special mention goes

to our new management team who support, encourage and inspire us every step of the way to ensure we pull together and get the best results we can.

We train on a Monday evening 6:30pm start at our home pitch.

Please come along if you wish to join and meet the team.



We receive support from the Carharrack Sports and Social Club, local community supporters and spectators for which we are so grateful. We appreciate any support to our club and team. Grass roots football does rely on the help of others and sponsorships to help build a team and provide kit and equipment.

We also have our wonderful sponsors working alongside us:

Market Way Cafe  
An-Gof Carpentry and Joinery  
Twilight Ink

Their support has been invaluable in helping us with tracksuits and kit. Thank you



## ST DAY & CARHARRACK PRIMARY SCHOOL

Headteacher: Susannah Storey

email: [secretary@st-day.cornwall.sch.uk](mailto:secretary@st-day.cornwall.sch.uk)

What a brilliant start to the year!

We have had a very busy September with lots of opportunities for all children to **Enjoy, Engage and Excel**.

Everyone is enjoying our new focus of '**Actively Belonging**' and our Thursday offer of '**Active Outdoors**' and Computing is proving popular with our children.

The support from our families has been exceptional so far - our children were proud to show-case their learning during our open afternoon and so many parents have been joining in with after school clubs and our morning 'Yawn to Yay' sessions in the playground have been a big hit with everyone!

As part of World Mental Health Day we challenged ourselves to take part in a mini marathon across our brilliant school grounds—it was so much fun! Our next open school event will be for the Horticultural Show – please pop in and support your local community.

As we move towards December there will be all sorts of fantastic things going on—keep an eye on our school Facebook page for all of the latest news and goings on!



RIGHTS  
RESPECTING  
SPONSORED MINI  
MARATHON





## ST DAY & CARHARRACK PRIMARY SCHOOL

### Online Safety—Meet the Digital Citizens!

We are very excited to be taking part in a pilot project - collaborating with Ofcom and Common Sense Media to train our children to be good digital citizens - leaving kind footprints, listening to their guts, balancing their screen time and using their heads to question what they see online.

Each class has been introduced to our six new Digital Citizen friends - Head, Legs, Guts, Arms, Feet and Heart - why not look through the website below then challenge your child to explain each character to you?

We will be seeing lots of our six new friends throughout the year - it's going to be brilliant!

You can find more information and resources here - <https://www.commonsense.org/education/meet-the-digital-citizens>



Is your child due to  
start school in  
September 2026?



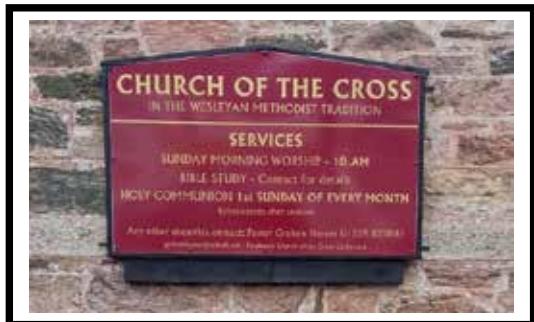
Please join us for a walk around school with the headteacher

Tuesday 18<sup>th</sup> November 2025 – 9.30am – 10.00am

We look forward to meeting  
you!



As a Rights Respecting School, our newly elected 'Change-Makers' wowed the accreditor who visited us to collect evidence towards the GOLD standard - all will be revealed very soon! I can share how it was noted that the United Nations rights of the child are embedded in every aspect of all we do – with children and staff living and breathing rights. This was felt, heard and experienced across our whole school. 'The difference it's making to the children, staff, and the whole school community is incredible.' Book an appointment to come and visit us!



Welcome to the Autumn edition of Carharrack News and thank you to the Parish Council for producing this booklet.

Summer has been a busy time at C.O.T.C and it was so lovely to see so many at our annual Afternoon Tea event in July where we also raised £70 for Cornwall Hospice Care.

C.O.T.C. has been established in Carharrack for 9 years now and I wanted to tell you about our background. Our parent church is a Wesleyan Methodist Church in Melbourne, Australia and we, in Carharrack, follow in the Wesley Methodist tradition with our doctrine and our beliefs in John Wesley's teaching. Carharrack has a long history with John Wesley's Methodism dating back to 1762. We feel blessed that the Lord is using us to continue the Wesleyan Methodist tradition in Carharrack even though we are an independent church. I, personally, have a 30-year history as a member of the Methodist Church but felt called away from the denomination to the Wesleyan Methodists to continue in John Wesley's teachings and practices in Carharrack.

As a church we hold a morning service every Sunday morning at 10am in St Piran's Church building. The service is led by myself and our newly appointed Elder, Marilyn Richards who leads our singing/music and prayer time. If you have any needs for our prayer list, please contact Marilyn and, as a church we will pray for them. As minister I regularly present the sermon which I like to do as a teaching message rather than preaching as this helps us understand more fully the Holy Bible and relates scripture to our lives today.

C.O.T.C. is also part of a weekly, online, Bible Study which is led by Reverend Paul Homer (my brother) from Australia. Because this study is online, I welcome all who want to join in to contact me on the email below and I can provide the link to the studies which are on a Wednesday morning our time. We also offer teaching and learning

via C.O.T.C. Academy which can be a number of study topics such as: Discipleship, The Revelation to John. This teaching would be done in your own time with support.

If you would like to chat in person or on the phone about anything mentioned in this article or just to find out more about us please contact myself or Marilyn on the numbers below.

Our Statement of Faith is available on the Facebook Page for Church of The Cross Melbourne.

Lastly:

- Welcome Club in St Day has recommenced and all are very welcome.
- Remembrance Service – Sunday 9<sup>th</sup> November at 10am followed by a gathering outside for 11am.
- Christmas Events:
- Coffee Morning – Saturday 29<sup>th</sup> November from 10.00 – 12noon.
- An Evening of Christmas Carols and Christmas songs with seasonal refreshments. Sunday 14<sup>th</sup> December at 5.30pm. Donations in aid of Cornwall Hospice Care.
- Christmas Eve service in St Piran's church at 9pm, led by Reverend Graham Homer. All very welcome.

*Reverend Graham Homer  
grahamhomer@talktalk.net 01209 820881  
Marilyn Richards – 01209 820651*

# **Sleeping Rough**

A short while ago, a friend of mine told me that he was organising a night to sleep “rough” and would I like to join him. The purpose of the event was to highlight the issue of “homelessness”. Last year, around 1600 homeless people died on the streets of our towns and cities, while we slept peacefully in our beds. There are all sorts of opinions about the subject of homelessness, from “it’s a personal choice” to “they need to go and get a job”, but the reality is that some people’s lives take a turn for the worse and it becomes a downward spiral that they can’t see a way out of.

One of my fellow rough-sleepers had lost his partner very suddenly, and he turned to alcohol and drugs as a way of shutting out the pain and depression of his situation, and this, as well as other forms of PTSD, led to him ending up on the streets.

When I volunteered for this night, a number of people said that I was only there for one night and I knew that I would be safe and warm the following night, and this was obviously true. Four of us met at 8pm with a sleeping bag and some sheets of cardboard and talked about life in general, and what our thoughts were on the subject of homeless people and society’s reactions to them. The night was dry fortunately, although we had managed to find a space under cover, right in the main street of a local town.

The evening began with people going about their “Saturday night out” routines, and in many cases, not even noticing that we were there. We had put out a bucket and a notice explaining why we were there, and a number of people stopped and gave their opinions on homelessness and dropped a contribution in the bucket.

As the evening wore on the number of people increased considerably, as did the noise levels, and at around 10.30 we laid our bits of cardboard out and climbed into our sleeping

bags, hoping to stay warm and get some sleep !! The first few minutes weren't too bad but then you became aware of the hard floor and the cold creeping into your extremities, and you fidget to try and get more comfortable. Also background noises become more obvious and sleep gets further away as the minutes drag by.

An hour seemed like an eternity and the town clock chimed the passing of what seemed like days rather than hours. At around 1am, someone, who had obviously had more than one glass of lemonade, asked us if we wanted a slice of pizza and said we were " doing a great job". I can imagine that on some occasions the attitude could have been very different and more aggressive - and frightening!

I had genuinely thought that after 1 or 2 o'clock in the morning the noise would quieten and we might eventually sleep, but 3am came and went, and fast cars zoomed up and down the street, couples walked past arguing, groups of people staggered by shouting and swearing and the heavy beat of music still filled the air.

I heard the clock strike 4, then 5, and at last noise levels faded and sleep gradually took over. It's a night I will remember for a long, long time, and I will never take my comfortable and secure home for granted again. I will also buy a copy of the Big Issue whenever I can, and take the time to say hello and good luck to the seller.

## **Advertising Rates 2025**

Full Page - £18 per edition      Half Page - £10 per edition

## **Annual Rates - 4 editions**

Full page - £65.00

Half Page - £35.00

Our magazine is popular - we now have a waiting list for advertising space! If you wish to add your name or business to that list please get in touch:

[clerk@carharrackparishcouncil.co.uk](mailto:clerk@carharrackparishcouncil.co.uk)

[chair@carharrackparishcouncil.co.uk](mailto:chair@carharrackparishcouncil.co.uk)

Whilst the Parish Council produces this magazine it is all about the community and we really appreciate your contribution. You will have heard from some new contributors in this edition and we would love to have more news, views, photos (old and new), stories and other good things from you.

We need an image (or combination of images) for the front cover of the next edition. We know our younger community members are very skilled with their phones and mobile devices. So here is an opportunity for someone to come up with a front cover image, which is village related, that will show off those skills.

## **Deadline for the next edition is Monday 12th January**

We thank all those who have contributed to this edition, to the advertisers for their continued support and the people within the community who give so much of their time and effort for the benefit of so many others.

Please support the community, the events and perhaps consider becoming a parish councillor in the coming days.

You are needed and valued in whatever way you contribute to your village.



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Friday - 10 - 11am

at Millenium Community Hall, 3 Penberthy Rd, Portreath, TR16 4LP



### Mindfulness Class

Monday - 6.30 - 7.45pm (fortnightly)

at The Wellness Hut, Church Road, Stithians, TR3 7DH

### Mindful Core Fitness

Sunday - 9.30 - 10.30am

at The Stithians Centre, Church Road, Stithians, TR3 7DH

**[mindfulnessfitness.co.uk](http://mindfulnessfitness.co.uk)**

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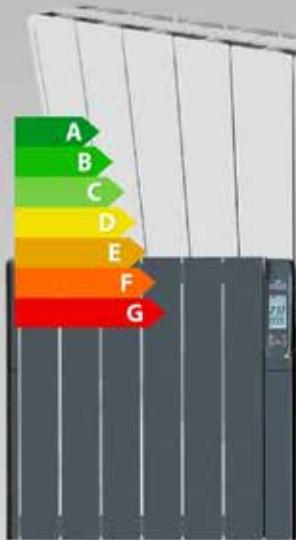
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"We continue to strive for drivers to reduce their speed through our village"

## **In Conversation with: Carharrack Sports and Social Club**

### *Where Can I Find the Club?*

At the top of Chapel Terrace - free parking, easy access for all including anyone with any mobility issues, well behaved dogs on leads please and you will receive a warm welcome

### *What are the opening hours?*

Monday, Tuesday and Thursday - 6pm - 11pm  
Friday - 6pm - midnight and Saturday - 4pm - midnight  
Currently closed on a Wednesday and Sunday

### *How much is annual membership and when are fees due?*

Membership is £6 per year and payable from January. The Club is open to all residents of Carharrack to join and our neighbouring communities - St Day, Lanner, Gwennap, etc. You can bring along guests but they have to be signed in by a member.

### *Can you get a cup of tea or coffee as well as the usual alcoholic and non-alcoholic drinks?*

Yes, of course - coffee is £2.

### *What activities and events are there?*

There are lots of things going on for all ages including:  
Ceilidh Classes. Euchre, Toddler and Baby Club, Keep Fit/Yoga,  
Snooker, Pool, Darts. Bingo and Quiz Evenings too

For the children - Halloween, Christmas and Easter events along with a Summer Fun Day and a Craft Table. This Christmas there are plans for some traditional events and there is a possibility that there may be real reindeer too!

We also have a Karoke Machine and a big screen for viewing the major sporting events, such as cup and championship finals and other national events.

We also have regular musical entertainment - we are looking forward to Sea Shanty Singing as well as solo singers, musicians and bands. On Saturday 22nd November we have a day of live bands and DJ's from 11am - 11pm. There should be something for everyone.

*How can you find out about what's going on?*

There is a noticeboard in the hallway with posters and information and we also use *Facebook, Tic-Toc & Instagram*

The Carharrack Football Club also provide up-to-date information on their fixtures using social media. So please follow us. Come along to a home match to support us where you can also get a cup of tea, coffee and cake

*What other facilities do you have for our community?*

Our function room is available for wedding receptions, christening celebrations and funeral wakes as well as a great space to hold a party for anyone from 1 - 100 or beyond!

Tables and chairs are available to hire and you can decorate the space to your own chosen theme or colour scheme.

The space is also available for other activities, meetings and clubs, get in touch for more information or call in when we are open.

*Is there anything you need from the community?*

We need to grow our membership - just £6 a year. Spread the word about the availability of our function room and the array of activities and events happening here. We would welcome any willing volunteers to lend a hand with general up-keep and maintenance. So if anyone has a spare hour now and again we would love to hear from you.

*Thank you for meeting with me, it's been really positive and I sincerely hope the membership grows in 2026.*

The **Library Van** will be in Carharrack at the park from 11am - 11.25am on the following days:

30th October - 27th November - 22nd January

You can always reserve items online and collect from the van

If you see something that needs reporting you can do this online using the **Cornwall Council Report It** page. This has been used on numerous occasions to report fly tipping, broken traffic bollards, overgrown verges and other issues of concern. The system does work! Uploading a photo of the issue also helps but is not essential. We all have a responsibility to raise any concern for repair or attention.

[Report something - Cornwall Council](#)

[www.cornwall.gov.uk/report-something/](http://www.cornwall.gov.uk/report-something/)

The **Park** has received some regular attention this year with grass cutting, litter picking and repair and maintenance of the play equipment. The invasive bamboo has been removed and has opened up an area of the park which makes it a safer place for our children and young people.

Thank you to the parents/carers and family relatives who have made such positive comments about the park and the importance of this space. We will continue to monitor the park, keep it clean and tidy and attempt to engage with Cornwall Council to see if we can get some more improvements made.

**Community Noticeboards** are checked regularly and please remember that they are there for your use. If you are organising an event or community activity please put up a poster. You are also welcome to promote other events, exhibitions and activities wider afield which you think others would like to know about.

Not everyone is on social media and many do not have access to IT. So don't forget that this "old fashioned" means of communication is very important for many members of our community.

If you wish us to display a poster in the parish council noticeboard just send a copy to either [clerk@carharrackparishcouncil.co.uk](mailto:clerk@carharrackparishcouncil.co.uk) or [chair@carharrackparishcouncil.co.uk](mailto:chair@carharrackparishcouncil.co.uk)

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